



## **Personalised 4 Autism**

### ***Our aim***

We will offer a truly personalised service where you are in control and work with you to agree the support for when you need it most.

Personalised 4 Autism is the coming together of two directors who have over 30 year's experience of working in both children and adult sectors. This has covered both social care and education.

Our experience and training enables us to provide a specialist and tailored support service to young people and adults with Autism and Aspergers Syndrome, who live within the East Midlands area.



## **Personalised 4 Autism**

If you would like more information please contact us:

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View our website:  
[www.personalised4autism.com](http://www.personalised4autism.com)



## **Personalised 4 Autism**

**East Midlands**

**Information Brochure**

**Updated 2024**



## Referrals

### **What is a referral?**

A referral is the way to start a process to gain support. The referral lets us know you are looking for a service, and is to provide us with your contact details. Once we have your details we will arrange with you a convenient time to carry out an assessment.

### **What is an assessment?**

One of our team will agree an appointment. The assessment is our opportunity to meet and to get to know each other. The assessment includes a series of questions regarding why you have contacted us. This will also be a good opportunity, for you to ask any questions you may have. The aim of the assessment is to agree with you:

- *what service you would like*
- *how often*
- *any outcomes or goals*
- *what support is required*

The assessment can take place where you feel most comfortable and with friends or family to support the process if needed. We have our own office which you can visit or we can come to your home. We can also be flexible about the times and days we meet you.

### **What happens next?**

After the assessment has taken place. One of our team will develop a plan from the information you have provided. We will then come back to you with the suggested plan and the cost. The plan is yours and therefore if you are not happy, we can make changes until it meets your needs. Once the plan and costs are agreed we can agree a start date.

### **Key-worker**

Once everything has been agreed you will be assigned a key-worker. This will be your contact person for all matters relating to your support package. We are happy to provide you with profiles of our team, regarding their experience, training, likes and interests so you can be involved in the process of selecting who will be appointed as the key-worker. Once appointed the key-worker will provide you with details of how and when is best to contact them.

## Our Services

### **Outreach**

**Our Outreach Program is very much outcome focused. We agree with individuals and their families what they would like to achieve through our support.**

**We then use autism specific strategies to work together to those agreed aims. We currently support people with access to college, for example: gym, dance, local history groups, bike maintenance course, bat watching, film societies.**

### **Supported Living**

**Our supported living service is for people who need extra help to live in their own homes, living alone or with others.**

**Support can mean 24-hour care or simply a few hours a week to help with every day tasks. We support the learning of home based tasks, for example budgeting, bill payment, appointment keeping, shopping, laundry, food preparation, healthy living and traveling in the community and further.**

### **Consultancy**

**Our management team have many years working within autism specific services and have completed additional training to enhance their practical skills.**

**A member of this group can work alongside yourself or a team of staff to understand the difficulties and develop a way forward.**